

# Angst



*A Film to Raise Awareness Around Anxiety*

## FREE VIRTUAL EVENT

First 1000 registered

Nov  
14-16

Film streaming available on-demand. Link will be provided following registration. First 1000 streams free for viewers.

Nov  
17

Virtual panel discussion featuring teens, experts and the producer of the film. Moderated by Z-Cares Foundation

[Register Today](#)

STANDING UP TO ANXIETY

*let's talk about it!*

THANK YOU TO OUR SPONSORS FOR MAKING THIS EVENT POSSIBLE



## Z-Cares Foundation Presents A Special Screening of Angst

Angst is an IndieFlix Original, documentary designed to raise awareness around anxiety. The film includes interviews with kids, teens, educators, experts, parents and a very special interview with Michael Phelps.

[See the Trailer](#)

*Let's Talk About It!*

